

### 3-st cours year students

#### Type of practical training: Nurse assistant in dressing room at the in-patient department

#### The list of compulsory practical skills and knowledge

- 1.Sanitary treatment of patients at admission department.
2. Anthropometric measurements of height, weight, head circumference, chest circumference, abdomen circumference (number of patients).
- 3.Obtain vitals (heart rate, respiration) and record according to graph .
- 4.Taking the BP.
- 5.Taking the temperature.
- 6.Child care (children's hospital):
  - cleaning the eyes, ears, mouth, bathing, diapering the child and swaddling the newborn,
  - cleaning the skin of the child, hygiene bath,
  - feeding the child,
  - Distribution of the prescribed medicines,
- 7.Calculation the dosage and dissolving the medicine.
- 8.Conducting tests on the sensitivity to antibiotics.
- 9.Putting drops into the nose, ears, eyes.
- 10.Subcutaneous injection.
- 11.Intramuscular injections.
- 12.Intravenous injection.
- 13.Assisting establishing IV-line.
- 14.Blood grouping.
- 16.Participation in the blood transfusion, blood components and blood products transfusion.
  - Determining the Rh compatibility, personal and biological samples
17. Application of the mustard plasters.
18. Application of medical cups.
- 19.Application of the hot compress.
- 20.Application of the cold compress.
- 21Application of enema's
  - cleansing
  - siphon
  - hypertonic
  - medicinal
- 22.Participation in physical therapy procedures.

23. Participation in the preparation of patients for radiological and endoscopic examination
24. Participation in the ECG taking.
25. Participation in the endoscopic examination.
26. Collecting the urine for the general urine test, Zimnitskiy test, Nechiporenko test, writing directions for all those tests.
27. Taking smears from pharynx, nasopharynx, urethra, vagina and rectum.
28. Taking stool test for bacteriological examination.
29. Assisting in placing gastric and duodenal tube.
30. Participation in gastric lavage.
31. Participation in the pleural and other punctures.
32. Catheterization of the bladder with the rubber catheter.
33. Sterilization of the materials and tools (amount of times).
34. Dressings.
35. Stitches removal.
36. Transport immobilized patients.
37. Participation in cast application.
38. Assistance to the surgical nurse and nurse in the dressing room.
39. Assisting the anaesthetic nurse.
40. Assisting in hemostasis.
41. Participation in resuscitation (artificial ventilation, chest compressions).
42. Participation in pre-hospital care for a certain conditions such as: fainting, heart attacks and asthma, pain in the heart, hypertensive crisis, internal bleeding, vomiting, liver and renal colic, intolerance of drugs, shock, burns, electrocution injuries, drowning, frostbite, a temporary stop of the external bleeding, fractures.
43. Shift turnover.
44. Carrying out health education (discussions, medical information).